

# MANU University observes International Yoga Day



Published on Jun 21 2019 | Updated on Jun 21 2019



Everyone needs to do Yoga, specially students, as Yoga is beneficial for healthy brain and body. As International Yoga day is held on June 21 when our University have annual vacations, less number of students are available. University

should conduct another Yoga programme after vacations when large number of students are available. Dr. Mohammad Aslam Parvaiz expressed these views today in his presidential address during a special programme organized to mark International Yoga Day held at Sports Complex, MANUU.

Dr. M. A Sikandar, Registrar said people think about doing yoga or not. They should think whether they want to be healthy or not. Today, western countries are benefiting from Yoga, part of our ancient culture. Whole family should take benefits of Yoga.

Renowned Yogacharya Dr. Ramakant Sahoo, Patanjali Yogpeeth delivered the lecture on importance of Yoga. Yogacharya Pandit Ramawatar Tiwari of Patanjali Yogpeeth gave demonstration of various asanas to students.

Earlier, Prof. Mohammad Fariyad, Programme Coordinator, NSS Cell & Chairman, Organizing Committee welcomed and informed that Yoga day is being observed in Model Schools of MANUU also since last year.

Dr. Arshia Azam, Principal ITI Hyderabad, the only female participant, attended the yoga practices along with ITI students and staff members. Large number of faculties, staff members attended the programme.

Slogan writing, poster making and other yoga related competitions were also held in ITI Hyderabad. Certificates were also distributed among participants Members of Yoga Committee supervised the arrangements.

Other campuses of MANUU including Regional Centre, Bangalore & Polytechnic Bangalore also observed International Yoga day.

## MANUU staff, students observe Yoga Day

Hans News Service | 21 Jun 2019 8:58 PM GMT

### Highlights

**The staff and students of MANUU marked International Yoga Day by doing asanas under the guidance of Yogacharya Dr Ramakant Sahoo, Patanjali Yogpeeth.**

**Gachibowli:** The staff and students of MANUU marked International Yoga Day by doing asanas under the guidance of Yogacharya Dr Ramakant Sahoo, Patanjali Yogpeeth. Yogacharya Pandit Ramawatar Tiwari of Patanjali Yogpeeth gave demonstration of various asanas to students.

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## YOGA AWARENESS RALLY AT MANUU

3 days ago

**Hyderabad, June 20 (NSS):** Gearing up for International Yoga day tomorrow, students and staff of Maulana Azad National Urdu University (MANUU), Hyderabad organized an awareness rally for Yoga today in the campus.

They were holding playcards in their hands describing benefits of yoga and health marched from sports complex of the university to the neighbourhood locality of L&T Colony, Telecom Nagar.

According to Prof. Mohammad Fariyad, Coordinator NSS, National Service Scheme (NSS) Cell of MANUU, University is observing the International Day of Yoga in the campus as per the instructions of Ministry of HRD and UGC.

Renowned Yogacharya Dr. Ramakant Sahoo and his team will give a Lecture cum Yoga demonstration on International Yoga Day on 21<sup>st</sup> June at the Indoor Stadium in the campus.

International Yoga day will also be observed in other campuses and schools of MANUU by organizing lecture and other competitions for the participants.

A large number of faculty, students and other staff members participated in today's awareness rally for Yoga. Rally was organized by a committee constituted to observe Yoga day in the campus with the collaboration of NSS unit in MANUU. Prof. Mohammad Fariyad, Dr. Arshiya Azam, Principal ITI, Mr. Mujahid Ali, Mr. Amir Badr, Producer IMC, Mr. P. Habibullah, Asst. Registrar and other members of the committee and Students took part in the awareness rally. NSS Program Officer B. Bikshapathi proposed the vote of thanks. (NSS)

# MANUU OBSERVES INTERNATIONAL YOGA DAY



Telangana June 21, 2019, 7:08 pm



**Hyderabad:** Everyone needs to do Yoga, specially students, as Yoga is beneficial for a healthy brain and body. As [International Yoga day](#) is held on June 21 when our University have annual vacations, less number of students are available. University should conduct another Yoga programme after vacations when a large number of students are available. Dr. Mohammad Aslam Parvaiz expressed these views today in his presidential address during a special programme organized to mark International Yoga Day held at Sports Complex, MANUU.

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Members of Yoga Committee supervised the arrangements.

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# ITI admissions at MANUU

CITY BUREAU, HYDRABAD

**M**ahatma Azad National Urdu University (MANUU) has extended the last date for submission of application forms for ITI Trades to July 1.

The Industrial Training Institute (ITI), Hyderabad, is offering admissions into ITI Trades Draughtsman - Civil, Refrigeration & Air Conditioning, Electri-

cian, Electronic Mechanic and Plumber.

The application forms can be obtained free of cost from ITI-Hyderabad, MANUU campus, Hyderabad.

The applicants must have passed class X with Urdu as a subject/language/medium. All seats are offered in Urdu medium. Reservation policy will be as per government of India norms.



# Online courses allow free access to all

CITY BUREAU, HYDERABAD

The UGC - Human Resource Development Centre (HRDC) at Maulana Azad National Urdu University (MANUU) organised a week long workshop on Massive Open Online Courses (MOOCs) recently.

While inaugurating the working, former Vice-Chancellor of Krishna University Prof V. Venkiah advised teachers to get hands on experience in modern technologies.

He explained in detail about role and importance ICT, e-learning, e-content, m-learning and open educational resources and open access.

Highlighting the advantages of MOOCs, he said it allows free access and unrestricted participa-

tion to any course. It also provides a platform for interactive forums for online courses, he added.

Dr. MA Sikandar, registrar, MANUU said the multidisciplinary workshop was the need of hour.

He also said that technology, e-learning, e-content and MOOCs platform were of additional value and teachers' effectiveness plays important role.

Thirty five participants of different disciplines from various degree colleges/universities from Andhra Pradesh, Jammu & Kashmir, Karnataka, Maharashtra, Tamil Nadu and Kerala attended the workshop.

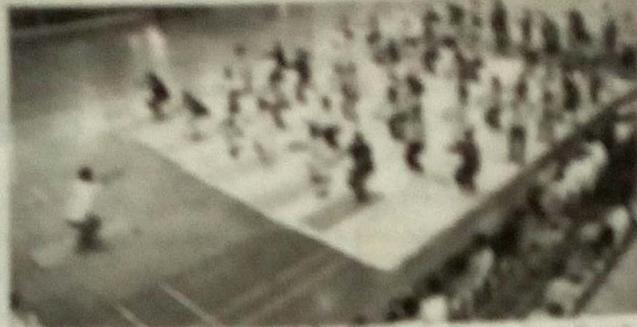
Dr Tahseen Bilgrami, Deputy Director, HRDC and Dr. Ishtiyah Ahmad, Assistant Professor also participated in the workshop.

24 JUN 2019

بائیں

### یوگا دماغ اور جسم دونوں کیلئے سوویت

ماٹو میں ٹینس انڈیا کی جیمز کاکریا اور کرمیا عمریہ جی ڈا ڈا کرا کے ساتھ کھیلنے کی کلاس



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22 JUN 2019

بائیں

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23 JUN 2019







## راشٹریہ سہارا

### اُردو یونیورسٹی میں دو نئے پیرامیڈیکل پروگرامس

کارپوریشن اور سرکاری ہسپتالوں میں روزگار کے زبردست مواقع  
میڈیا اڈ (پہلیں ریلیز) مولانا آزاد نیشنل اردو یونیورسٹی میں تعلیمی سال 2019-20 سے  
نیشنل انسٹیٹیوٹ آف ایجوکیشن (این ایس کیو ایف) کے تحت دو نئے کورسز پیکر آف ویڈیو کونسل کورسز  
میڈیکل لیبارٹری ٹیکنالوجی (ایم ایل ٹی) اور میڈیکل اینجنگ ٹیکنالوجی (ایم آئی ٹی) متعارف  
کیے گئے ہیں۔ یہ کورسز آن لائن فارم داخل کرنے کی آخری تاریخ 30 جون مقرر ہے۔ فیکلٹی  
انسٹیٹیوٹ احمد نواز آفیسر کے ہو جب طلبہ کو پہلے یا دوسرے سال کے بعد بھی اس تین سالہ  
کورس سے اخراج کا موقع ہے، پہلے سال کے بعد ڈپلومہ کے ساتھ جبکہ دوسرے سال کے بعد  
ڈیپلومہ حاصل ہوگا۔ منتخب طلبہ کو کارپوریشن ہسپتالوں میں عملی تربیت فراہم کی جائے گی۔  
دونوں کورس کے فارغین کو کارپوریشن، سرکاری ہسپتالوں، ہیلتھ سنٹرس پر ملازمت کے شاندار  
مواقع دستیاب ہیں۔ سائنس مضامین سے کامیاب 2+10 / ہائر سیکنڈری / انٹرمیڈیٹ کے  
طلبہ داخلے کے اہل ہوں گے۔ محدود نشستیں دستیاب ہیں۔ غیر مقامی طلبہ کو سب سے پہلے داخلے  
سہولت دستیاب رہے گی۔ تفصیلات کیلئے یونیورسٹی ویب سائٹ [www.manuu.ac.in](http://www.manuu.ac.in)  
ملاحظہ کریں یا کسی وضاحت کیلئے [maqboolmanuu@yahoo.com](mailto:maqboolmanuu@yahoo.com) پر ای  
میل کریں۔ اسی دوران یونیورسٹی میں تلفظ پوسٹ گریجویٹ و انٹرا گریجویٹ کورسز میں بھی  
مہرٹ کی اساس پہ آن لائن داخلے 30 جون تک جاری رہیں گے۔

RS

22 JUN 2019

